



Beth El

ALEPH PRESCHOOL

**Aleph Preschool COVID-19 Policy & Protocols
Updated December 29, 2020**



Aleph Preschool Disinfection Protocols Updated December 29, 2020

Aleph Preschool Specific Disinfection

General:

- All plush toys will be removed from the classrooms
- Toys swapped out frequently to be disinfected
- All gym equipment (structures) will be disinfected after each group

Disinfection regimen will include:

- Carpool holding areas and doors following drop off and pick up
- Hallways and common areas at the end of each day
- Classrooms will be disinfected throughout the day and at the end of each day
- Bathrooms will be disinfected after each use, throughout the day and at the end of each day
- Classroom toys prior to student's arrival, prior to nap to air-dry and at the end of each day
- Eating surfaces disinfected prior to and after eating
- All Frequently touched surfaces and objects will be disinfected throughout the day and at the end of each day to include, but not limited to:
 - Doorknobs and handles
 - Stair rails
 - Faucets
 - Cupboards
 - Cubbies
 - Tables and chairs
 - Countertops/Food prep area
 - Light switches
 - Handrails
 - Shelves
- All tables and other food surfaces will be neutralized with in an electrostatic sprayer, and applied to hard surfaces at the end of each day by facilities

Playground and Gym:

- Playground and gym structures will be disinfected after each cohort and at the end of each day
- Cars and large toys will be disinfected after each cohort and the end of each day
- Balls will be placed in a mesh tote and disinfected after each cohort and at the end of each day
- Sandbox toys will be disinfected after each cohort and at the end of each day
- Sensory bins will be used only with soap and water play

Items not to be used:

- Dress up clothing
- Plush toys



Aleph Preschool Drop Off & Pick-Up Protocols Updated December 29, 2020

In the Morning

Drop off schedule: 8:30 am-9:00am. Outside these hours please call Aleph Preschool Emergency Number: 952-873-7320 and a staff member will meet you at the Chapel doors (circle driveway)

- Staff and admin will have temperature taken and full health screening upon arrival which will be documented daily
- Parents/Caregivers are required to wear a mask
- Physical Distancing must be followed while waiting to drop off
- Parents will pull up to the chapel doors
- Parent will remove their child from car seat and car
- Staff will begin visual screening of the child for signs of illness which could include flushed cheeks, rapid breathing, or difficulty (without recent physical activity), fatigue, or extreme fussiness
- Temperature and screening questions will be documented in Tadpoles
- Staff member will perform hand hygiene, put on disposable gloves, and check the child's temperature
- When child passes visual screening, a staff member will take child into the building and to their classroom
- Child will wash hands immediately upon entering building
- Limited belongings can be brought in with child. Students will be encouraged to carry their own belongings to their classroom. Disposable lunch bags and/or needed supplies are to be sent in a disposable bag (no backpacks) with name on it. Such items will include jackets, snow gear, nap items, spare clothing, diapers, and wipes.
- Limited belongings should be sent with the child. Students will be encouraged to carry their own belongings into their classroom. Lunches, snacks, and/or needed supplies are to be sent in a disposable bag with name on it. Such items will include jackets, snow gear, nap items, spare clothing, diapers, and wipes.
- Aleph Preschool recommends an immediate family member from child's/ren's household to drop off consistently

People with these symptoms or combinations of symptoms may be associated with COVID-19:

- Fever of 100.4 F or higher
- Difficulty or trouble breathing
- New cough or a cough that gets worse
- New loss of taste or smell

Or at least 2 of these symptoms:

- Sore Throat
- Vomiting
- Chills
- Nausea
- Diarrhea
- Muscle pain

- Excessive fatigue (extreme tiredness)
- New nasal congestion or runny nose
- New or severe headache

At 9:00 when all students have arrived:

- All secure access doors will be closed
- All teachers helping with drop off will wash their hands immediately upon returning to their classroom

Pickup at the end of the Day

Pickup times: Monday-Thursday 4:30 – 5:00 pm / Friday 3:30 – 4:00 pm. Outside these hours please call Aleph Preschool Emergency Number: 952-873-7320 and a staff member will meet you at the Chapel doors (circle driveway)

- Parents/Caregivers are required to wear a mask
- Physical Distancing must be followed while awaiting pick up
- The parent will step out of the car to wait for their child, with a mask on
- A designated staff person will call for child to be brought to the door
- Staff members will walk child/ren outside the door for you to pick up
- In an effort to keep the line moving smoothly, conversations between parents and teachers are to be kept brief
- Aleph Preschool recommends an immediate family member from child's/ren's household to pick up consistently



Aleph Preschool Daily Routine Protocols Updated December 29, 2020

Frequent Handwashing in the Classroom

- Hands are washed at arrival when entering the building
- Hands are washed or sanitized when entering or leaving a classroom, playground, or gym
- Hands are washed after a child has touched their face or mouth
- Hands are washed before and after eating
- Hands are washed after blowing their nose, coughing, or sneezing
- Hand sanitizer that is at least 60% ethyl alcohol is used if soap and water are not available. Children are supervised while using hand sanitizer and is inaccessible to them when not in use
- Teachers will educate the importance of avoiding touching their faces throughout the day and washing hands when they do
- Staff hands are washed prior to snacks and lunches and gloves will be worn during meal prep and while serving food

Physical Distancing Throughout the Day

- Cohorts (individual classes) will always stay physically distanced by a minimum of 6ft
- Cohorts will with their own class/cohorts and teachers throughout day. There will be no mixing of students or teachers with other cohorts
- Class size will be 15 or less, including staff (12 students, 2/3 staff)
- Children will be encouraged as much as possible within their cohort to physically distance. They will be further distanced apart during mealtimes, table activities and group time
- Staff are required to maintain physical distancing of at least 6ft with other staff throughout the day
- Beth El encourages Aleph Preschool staff and preschool families to practice physical distancing outside of school hours

Cloth Face Coverings

- All staff are required to wear cloth face coverings with a minimum of 2 layers
- Cloth masks will be worn correctly to cover nose and mouth completely
- Staff must wear a clean cloth face covering each day
- Staff are required to wear masks throughout the entire school day while inside the building. Staff may remove masks (wear under chin for easy replacement over nose and mouth) when outside and physically distanced by 6ft or more
- Children are not required to wear cloth face coverings and only should if they are over two years of age and they can reliably wear, remove, and handle the cloth face covering. However, we will encourage mask wearing of any child that is able to use a mask with minimal assistance.
- Face coverings in accordance with the Minnesota Emergency Executive Order 20-81

Meals and Snacks

- Meals and snacks are eaten in individual classrooms
- Lunches and snacks may be brought in Bento boxes, thermoses (to keep food warm), hard surface containers or paper/plastic bags. Please label EVERYTHING
- NO SOFT MATERIAL LUNCH BOXES ALLOWED
- All snacks and lunch will be brought from home and served on paper plates with disposable utensils and cups if not brought in a hard surface container or Bento box
- All lunches and perishable snacks will be kept refrigerated
- Sippy cups will be provided by Aleph Preschool for all Young Toddlers and will be sanitized after each use
- Milk and water will be provided by school
- No drinking fountains will be used
- Aleph Preschool is a nut sensitive preschool, therefore no foods containing nuts of any kind or foods that are processed in a facility that shares equipment with nuts are allowed. Additionally, only kosher foods or dairy or parve foods allowed. No shellfish or meat allowed due to Aleph Preschool Kosher dietary laws

Naptime

- Cots and mats will be spaced to allow for as much space as possible with a minimum of 6 feet apart
- Cots will remain in each cohort's assigned napping room for the entire week. If there is a sick child during the week, all napping items will be sent home for laundering and all sheets will be laundered by admin
- All mats will be cleaned and disinfected after each use daily by teachers using the provided disinfectant spray and left to dry for 10 minutes
- All nap items (blankets, lovies, pacifiers) will be sent home the last day of each week to be laundered at home
- All sheets will be laundered by admin on the last day of each week



Aleph Preschool Illness & Exclusion Policy Updated December 29, 2020

If a student or anyone in their household has tested positive for COVID-19, experience COVID-19 symptoms, or you choose to seek a COVID-19 test for any reason, you must contact the Aleph Preschool director immediately.

An individual experiencing the symptoms below may need to be tested for COVID-19 and should call the office immediately.

One of these symptoms:

- 100.4 fever or higher, difficulty or trouble breathing, new cough or cough that gets worse, new loss of taste or smell

Or at least two of these symptoms:

- Sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue (extreme tiredness), new or severe headache, or new nasal congestion or runny nose

Any child or staff that is sick with symptoms consistent with COVID-19 (see above), should not return to Aleph Preschool for 10 days from the onset of symptoms, and should be fever free with symptoms improving for 24 hours before returning. A negative COVID-19 test result would not be needed if they have been out for 10 days and have met the symptom return guidance.

A negative test result may not guarantee that an individual does not have COVID-19. If a health care provider can provide an alternative diagnosis, then an individual may return to Aleph Preschool after they have been free of symptoms for 24 hours and with a note from a doctor.

Important Notes:

Staff and students are required to disclose to Aleph Preschool admin if you test positive for COVID-19 or have been in close contact with and/or live with someone who tests positive, you are experiencing COVID-19 related symptoms, or **you choose to seek a COVID-19 test for any reason.**

As soon as you:

- Experience COVID-19 symptoms
- Know you have had close contact with someone who has tested positive
- **You choose to seek a COVID-19 test for any reason**

You must immediately notify Aleph Preschool admin and you cannot return to the building until our protocol for clearance is followed.

Currently, this will mean you will have to prove to our satisfaction that it has been at least 10 days since the onset of symptoms, and you have no fever (without using fever reducing drugs) for 24 hours and all other symptoms are lessened. If you test positive and have no symptoms, we will follow the isolation guidance provided by the Minnesota Department of Health or local public health department.

- If a child becomes ill at school, they will be removed from their classroom to the Ring Lobby coat room with a staff member
- Sick children must be picked up within 30 minutes at the carpool entrance. Siblings will be sent home as well
- Parents must notify Aleph Preschool of any diagnosed positive COVID-19 diagnoses in the household and any other individual they have associated with that has tested positive COVID-19
- Please do not give your child fever-reducing medications before coming to school in the morning
- If anyone in the household has a positive COVID-19 test result or is awaiting results from COVID-19 test, the child (including all siblings) or staff must stay home at least 10-days since symptoms first appeared. The last 24 hours of the 10-day period must be symptom free without fever reducing medication before returning to preschool

Confirmed Diagnosis COVID-19:

- The school will close for 24 hours for disinfecting
- The entire cohort and teachers that were in contact with diagnosed child/teacher will need to quarantine for 14 days
- A contact is someone who had physical contact with the child or teacher or has been within 6ft of child or teach for more than 15 minutes consecutively.
- Aleph Preschool will be in communication with MDH and follow their direction
- Parents will be notified immediately if there is a positive COVID-19 diagnosis and which classroom has been affected. Instructions will be shared with families at that time for those who will be required to stay home and quarantine and length of time (if a child has tested positive all siblings will be required to stay home as well)

COVID-19 Attendance Guide for Parents and Families

<https://www.health.state.mn.us/diseases/coronavirus/schools/attendance.pdf>

Home Screening Tool for COVID-19 Symptoms

<https://www.health.state.mn.us/diseases/coronavirus/schools/homescreen.pdf>

COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs

<https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>



Aleph Preschool COVID-19 Safety Policy Agreement

Updated December 29, 2020

I have received and printed a copy and been given online access to, Aleph Preschool COVID-19 Safety Policy and Protocols.

I have received, read, and agree to the following documents:

- Aleph Preschool Disinfecting Protocols
- Aleph Preschool Drop Off and Pick Up Protocols
- Aleph Preschool Daily Routine Protocols
- Aleph Preschool Illness and Exclusion Policy

It is my responsibility to abide by Aleph Preschool policies and protocols current and updated

Aleph Preschool Policy and Protocols are guidelines and do not form a contract or an offer of a contract

Parent/Guardian 1 Signature

Parent/Guardian 1 Printed Name

Parent/Guardian 2 Signature

Parent/Guardian 2 Printed Name

Date _____

Date _____

**ALEPH
PRESCHOOL**



**Beth El
SYNAGOGUE**

COVID-19 Assumption of Risk and Waiver of Liability

September 2020

Assumption of Risk and Waiver of Liability Relating to COVID-19

I acknowledge that by entering into the physical building of Beth El Synagogue (Aleph Preschool), my child and/or I may be exposed to risks (including the risk of exposure to or infection of Covid-19) that may result in severe illness, permanent disability and/or death.

I understand that the risk of becoming exposed to or infected by COVID-19 at Beth El Synagogue (Aleph Preschool) may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Beth El Synagogue (Aleph Preschool) employees, contractors, students and their families.

I understand that Beth El Synagogue (Aleph Preschool) cannot control these risks and I voluntarily assume all risk to my child's health and my health that may result due to my child's presence in the building of Beth El Synagogue (Aleph Preschool).

Further, I accept sole responsibility for any injury to my child or myself including, but not limited to, personal injury, disability, death, illness, damage, loss, claim, liability, or expense, of any kind, that I or my child may experience or incur in connection with my child's attendance at Beth El Synagogue (Aleph Preschool).

On my behalf, and on behalf of my child (and anyone who may have rights through me or my child), in exchange for my child being allowed to attend classes at Beth El Synagogue (Aleph Preschool), hereby release and forever discharge Beth El Synagogue (Aleph Preschool), its trustees, officers, employees, agents, and assigns, fully and completely, from any claims, liability, or possible damages (including without limitation negligence, personal injury, property loss and other damages) that may arise from my child(ren)'s attendance at Beth El Synagogue (Aleph Preschool) ("Claims").

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Beth El Synagogue (Aleph Preschool), its employees, contractors, and representatives, whether a COVID-19 infection occurs before, during, or after the academic school year.

I acknowledge and agree that, in the event of a confirmed or suspected case of COVID-19 being reported to Beth El Synagogue (Aleph Preschool), the School may be required to share medical information internally or with public health authorities, including (but not limited to) for purposes of potential contact tracing.

I further acknowledge that some or all instruction for all or part of the academic year may be delivered remotely (either by my choice or as required by the School). I understand and agree that in the event of remote instruction it is my responsibility to supervise my child both while remote instruction is being

delivered and otherwise and that Beth El Synagogue (Aleph Preschool) has neither responsibility for nor ability to supervise my child while they are not on school premises.

This agreement and release shall remain in effect so long as the Student(s) is enrolled with Beth El Synagogue (Aleph Preschool).