

ALEPH PRESCHOOL



Beth El
SYNAGOGUE

December 2016		SNACK	MENU	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	MORNING	MORNING	MORNING	MORNING
Shehakol Kix & Milk	Haeitz -Shehakol Slices of cheese & Apple Slices	Shehakol Cheerios & Milk	Haeitz- Shehakol Vanilla Yogurt & Banana	Hamotzi Grape Juice & Challah
AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON	AFTERNOON
Mizonot Graham Crackers & Strawberry Jelly	Mizonot Wheat Cracker & Cream Cheese	Haeitz- Mizonot Wheat Cracker & Cream Cheese w/ banana	Hamotzi Wheat bread & strawberry jelly	Haeitz- Shehakol Cheerios & Apples

Snacks are prepared in the Snyder Family Kitchen.

Snacks are processed on equipment in the kitchen that may have exposure to nuts.

*Parve snack will be available for those with dairy allergies.

We would like to thank our sponsor Linden Hills Co-Op for providing healthy snacks!



LINDEN HILLS
CO-OP
GROCERY & DELI